



The 1st Africa Patients Virtual Regional Meeting

Raising patient voices as a path way to quality and safe care in Africa

August 25th, 2022



Name:	Christine Mutena
Designation:	Co-founder, Rare Disorders Kenya
Title of presentation:	Case study on patient engagement and empowerment; Rare Disorders Kenya

Speaker Profile

Christine Mutena is an immensely passionate advocate for rare diseases and disability in general in Kenya and globally. These causes are deeply personal to her being a mother of two children, both of whom have non-related rare genetic conditions.

Christine is the co-founder of Rare Disorders Kenya, a patient-led organisation that seeks to amplify the unmet needs of the rare diseases community that creates awareness on rare diseases in Kenya, more so through the Rare Disease Day campaign, and to policy makers.

She is also on the Patient Group Engagement Committee of Beacon (2021-2023 term). Beacon is a UK-based charity that is building a united rare disease community with patient groups at its heart. Their events and trainings give patient groups the opportunity to connect and collaborate with others across the rare disease space.



Christine is also the founder of Step by Stones Association, an organization that leverages social media platforms to offer support to its community of special needs parents, caregivers and psycho-social support specialists.

Her life objective is to hone and use the skills and knowledge garnered through her personal and professional experiences to aid children living with disabilities live full independent lives with dignity.