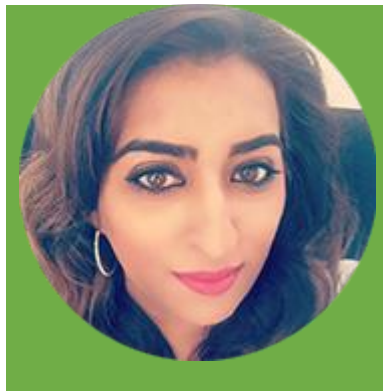




# The 1<sup>st</sup> Africa Patients Virtual Regional Meeting

Raising patient voices as a path way to quality and safe care in Africa

August 25<sup>th</sup>, 2022



<b>Name:</b>	<b>Fatima Seedat</b>
Designation:	Development Manager at The South African Depression and Anxiety Group (SADAG)
Title of presentation:	Case study on an initiative based in informal settlements; The South African Depression and Anxiety Group

## Speaker Profile

Fatima has a postgraduate degree in Psychology and has been worked in the mental health sector for over 10 years. Her passion is working within communities, raising mental health awareness and creating programmes to help people understand mental health better. Currently, she is the development manager at SADAG contributing to innovative ways to create more resources for people that are seeking mental health, help raise awareness on mental health, and also helps with fundraising and managing SADAG’s rural container counselling project.