

Doctor Safety
in

I DON'T WANT
TO SEE A DOCTOR!

I don't want to see a doctor!
ISBN 978-65-87107-62-2

Editorial Board: Lais Junqueira, Cristiane Tavares,
Tiago Dalcin, Helen Haskell, Hussain Jafri,
Regina Kamoga.

Illustration: Pedro de Luna

Book layout and design: Isabel Freire

Elsevier Foundation: Ylann Schemm,
Domiziana Francescon and Maha Rhannam

Project Manager: Lais Junqueira

To obtain more information, please contact
The Elsevier Foundation
<https://elsevierfoundation.org/>
and World Patients Alliance
<https://www.worldpatientsalliance.org/>

To contact the illustrator, please write to
Ilustrecomunicacao@gmail.com

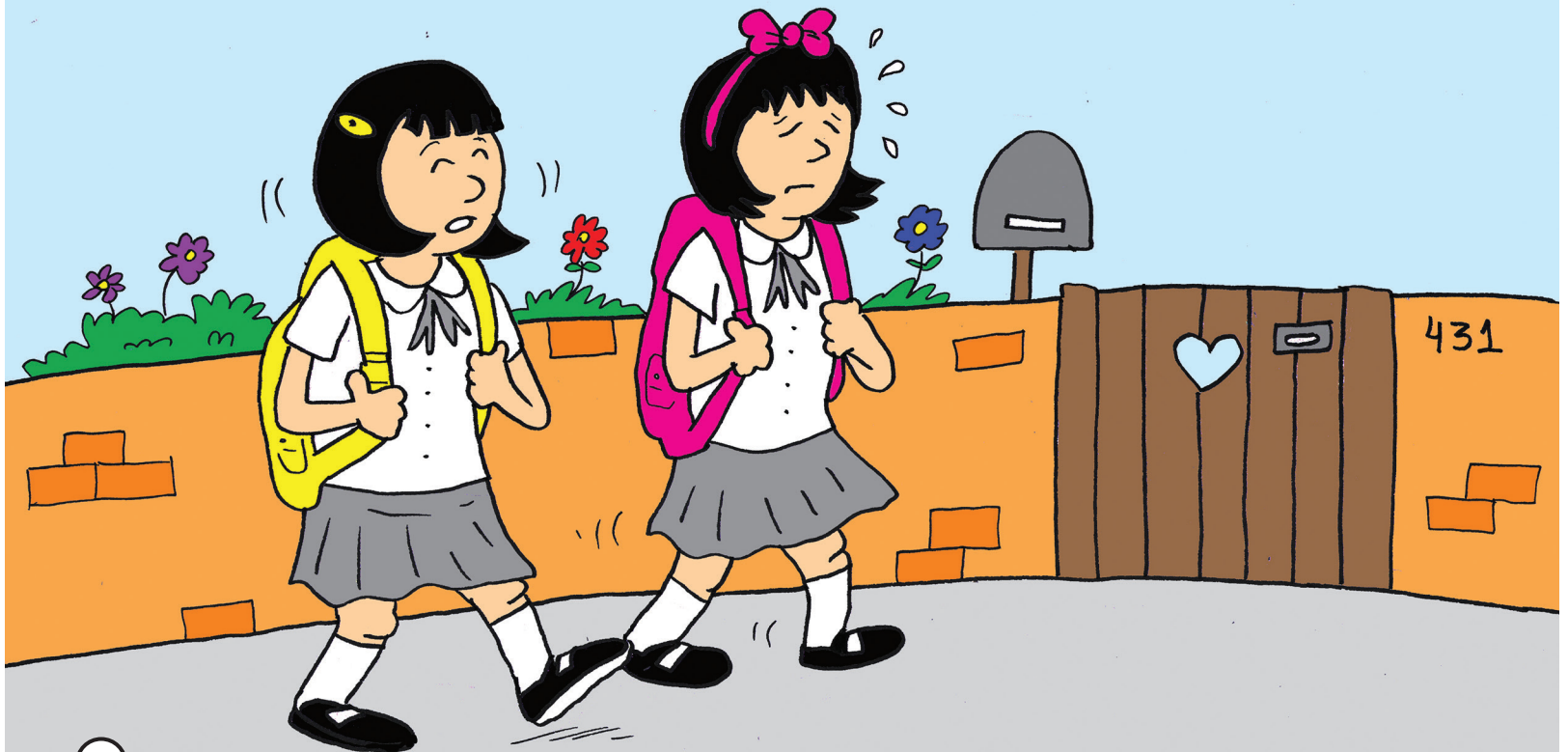
I don't want to see a doctor © 2024 by Elsevier
Foundation and World Patients Alliance is licensed under
CC BY-NC-ND 4.0. To view a copy of this license, visit
<https://creativecommons.org/licenses/by-nc-nd/4.0/>

The Elsevier Foundation and the World Patients Alliance joined forces to launch an inspiring children's book series dedicated to patient safety. This initiative aims to boost the health literacy of school children by introducing them to fundamental concepts and principles of patient safety. By educating young readers, the series aspires to cultivate a generation that values and practices safer care. Moreover, as children share their newfound knowledge with their families, the initiative hopes to create a lasting positive impact on communities, empowering individuals to prioritize patient safety in their everyday lives.

Lee and Wei are twins and live with their grandmother.

One sunny afternoon, on the way back from school, Lee is very quiet. Wei finds it odd.

– Lee, you are very quiet. Are you OK?

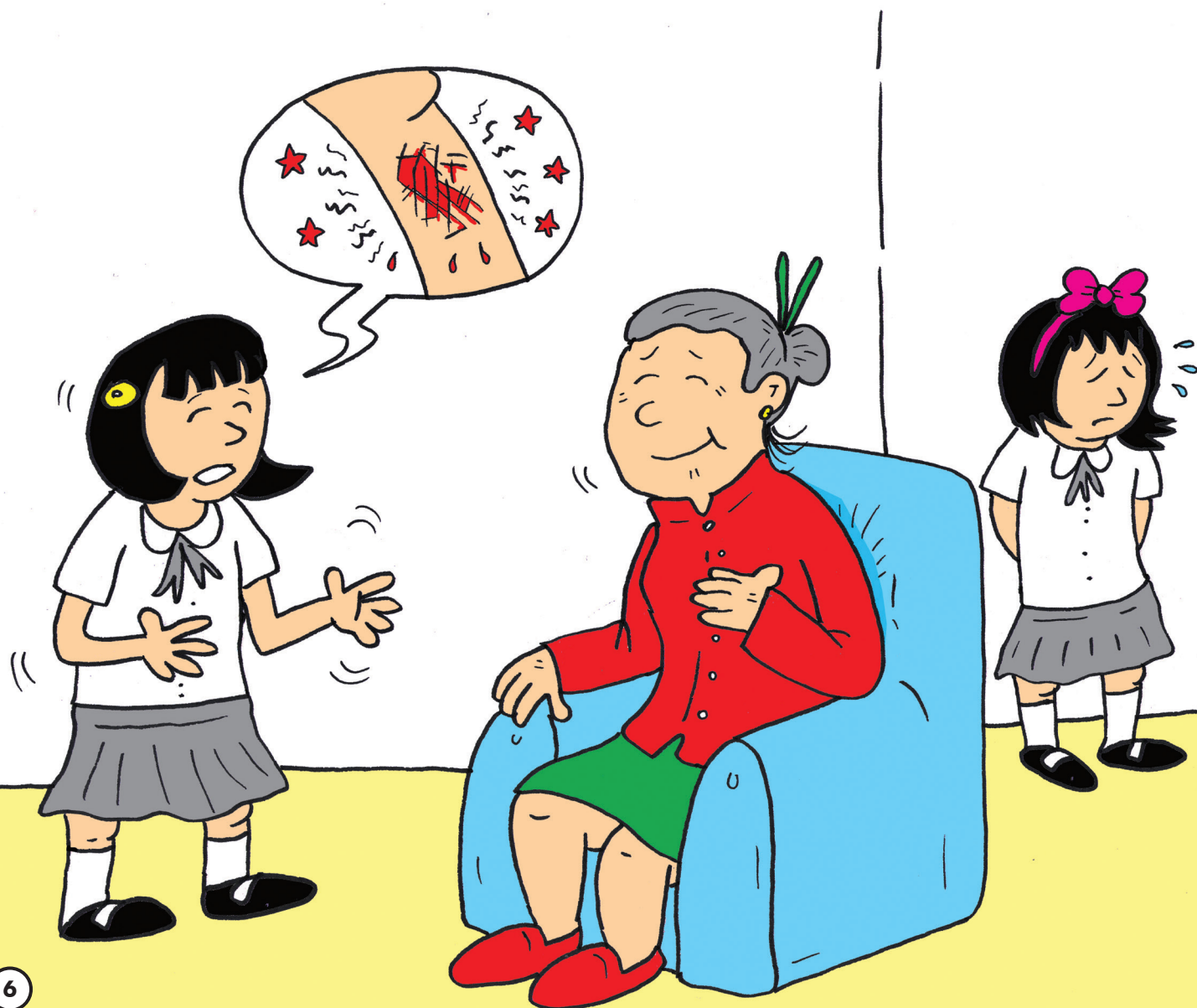


- I don't know... I fell at school two days ago and hurt my leg. I've been hiding it from grandma as I think she will be upset with me.

Lee shows her sister her injury: a nasty, red scratch.



Determined to help her sister, Wei tells their grandmother what happened to Lee.



Grandma looks at Lee's leg.

– Do not be afraid, my sweet Lee.
I will clean the wound on your leg
with soap and clean water.



Oh no! Is this going to hurt?

– Don't worry, it will hurt just a little but I'll do it very gently.

Grandmother then says it would be best to take Lee to the doctor's clinic, as doctors understand wounds better.

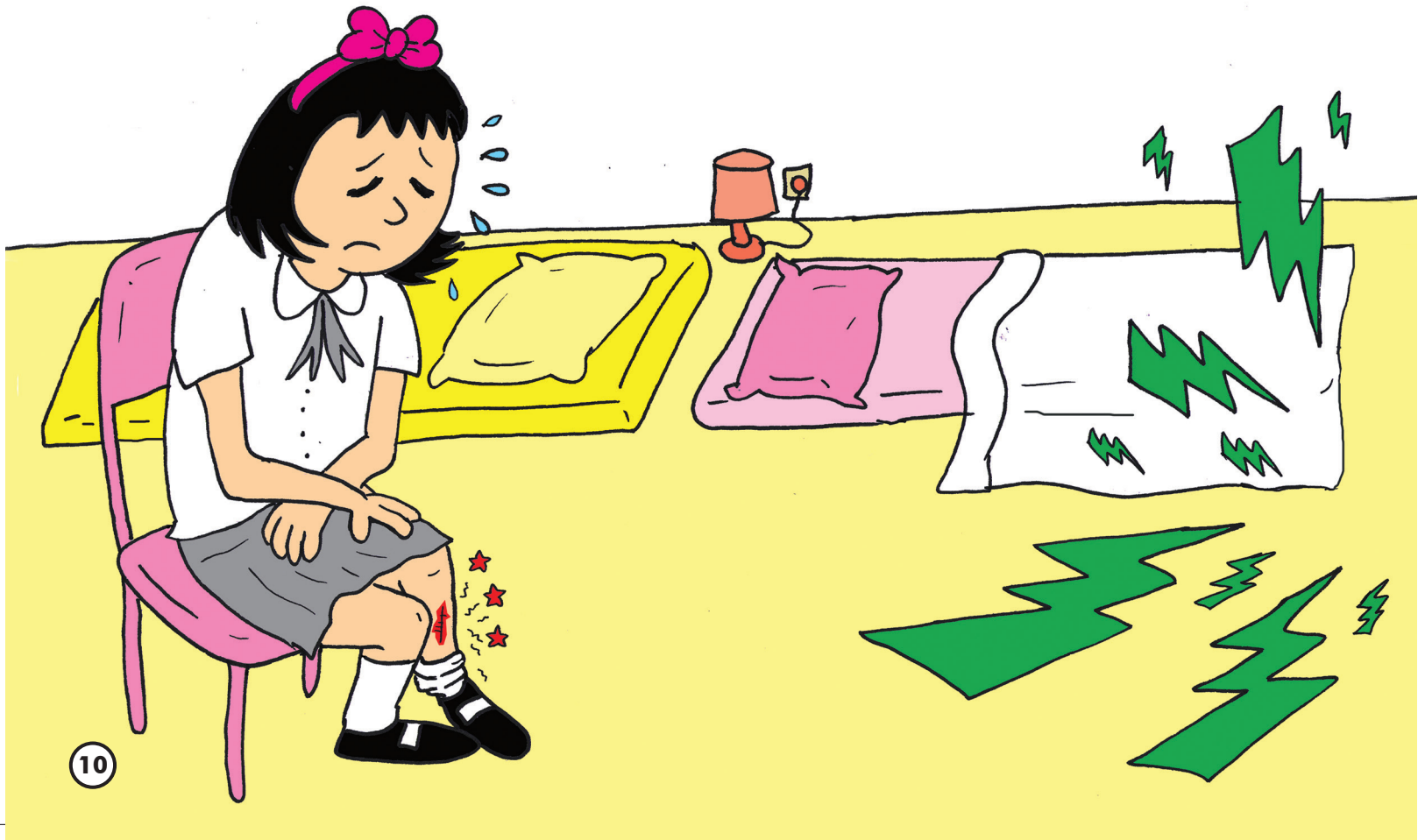




Lee runs to her
bedroom and
locks herself in.

I don't want to
see a doctor!

Suddenly, Lee sees a flash of green light and someone with a big smile appears in front of her. It is Doctor Safety!



– I’m Doctor Safety and I’m here to help you with your health. Lee, besides the pain from the scratch, are you feeling anything else?

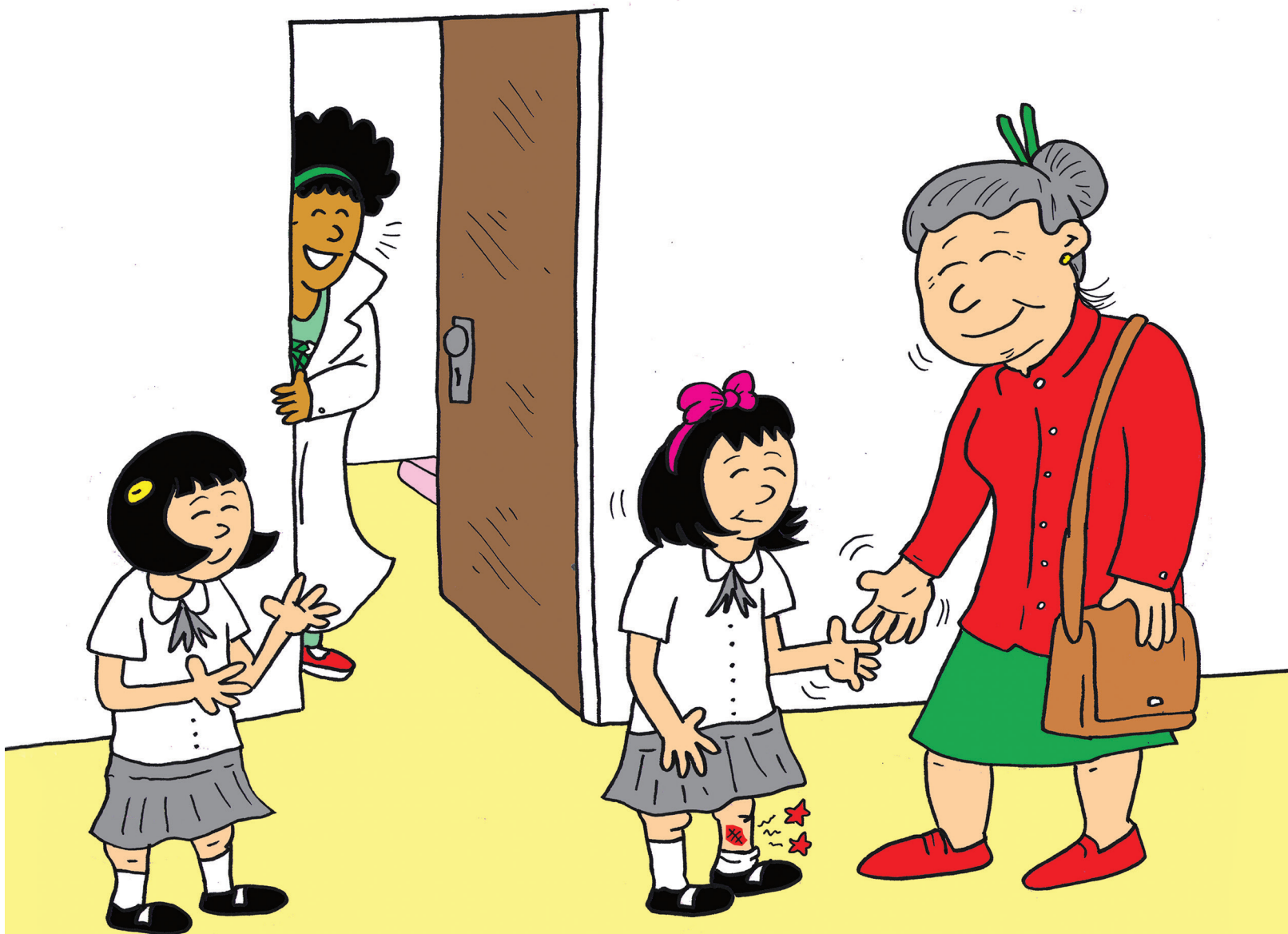
– Doctor Safety...
I don’t know how
to say what I feel...



- We need to “listen” to what the body wants to tell us. Close your eyes and think about each part of your body. Do you feel warm? Do you feel tired? Does anything hurt besides your leg? You should tell the doctor how you feel.

Don't be afraid.
Doctors are there
to help you get well
and feel better.

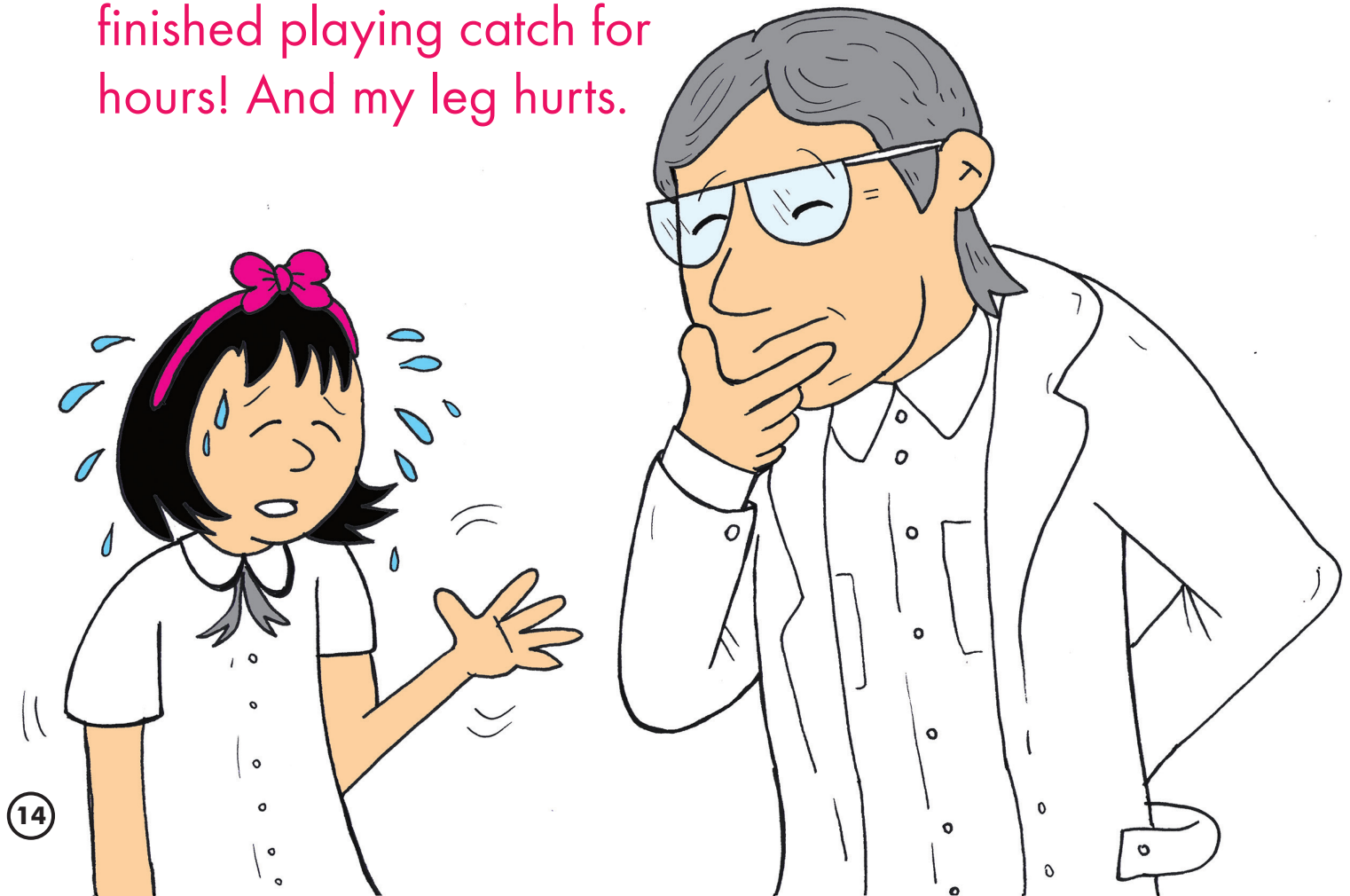




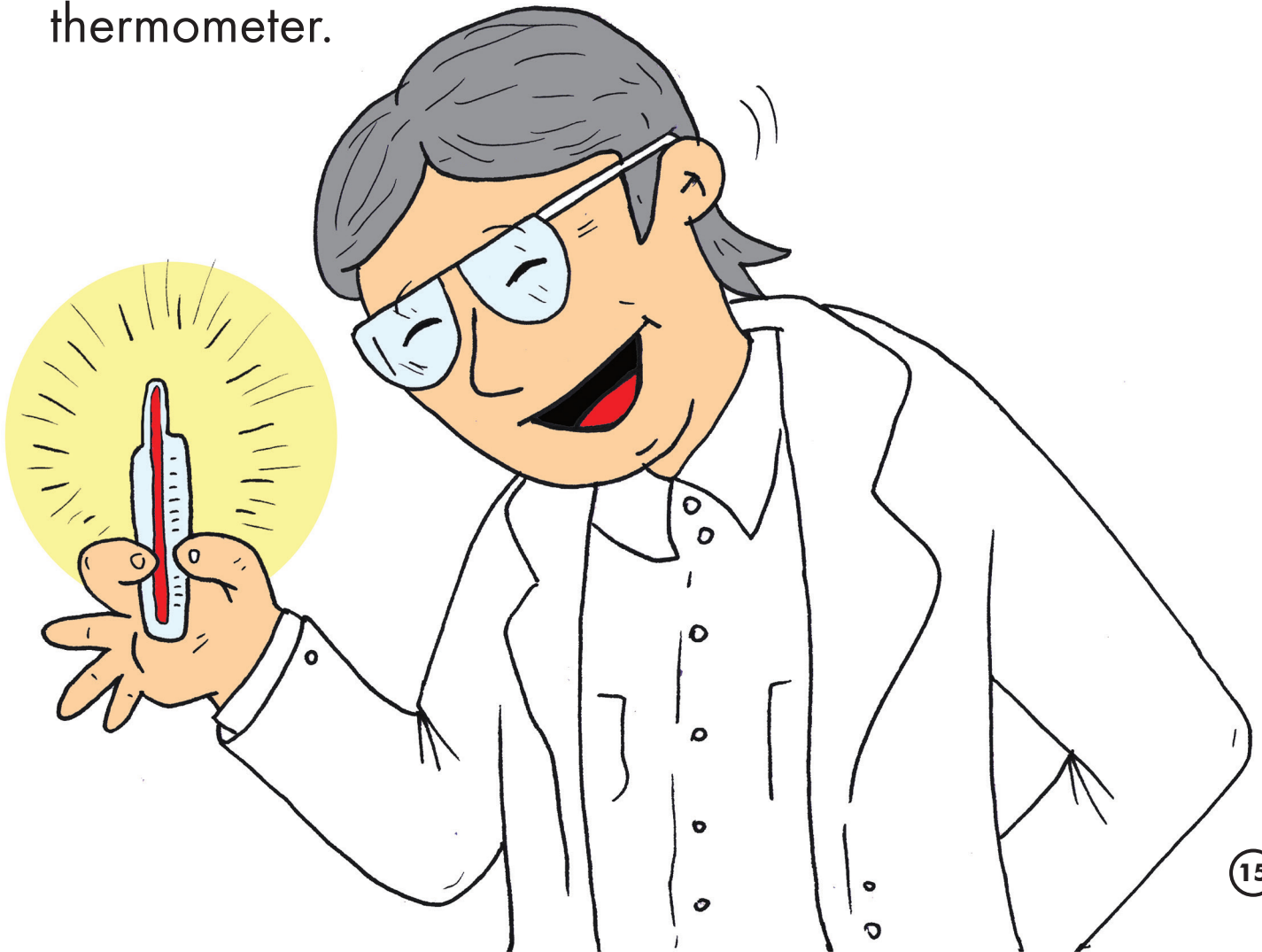
With the courage she has gotten from Doctor Safety, Lee leaves her room, holds her grandmother's hand and together they go to the doctor's office.

Lee remembers Doctor Safety's words and explains to the doctor:

- I feel really hot and sweaty, and my body feels achy and tired, like I just finished playing catch for hours! And my leg hurts.

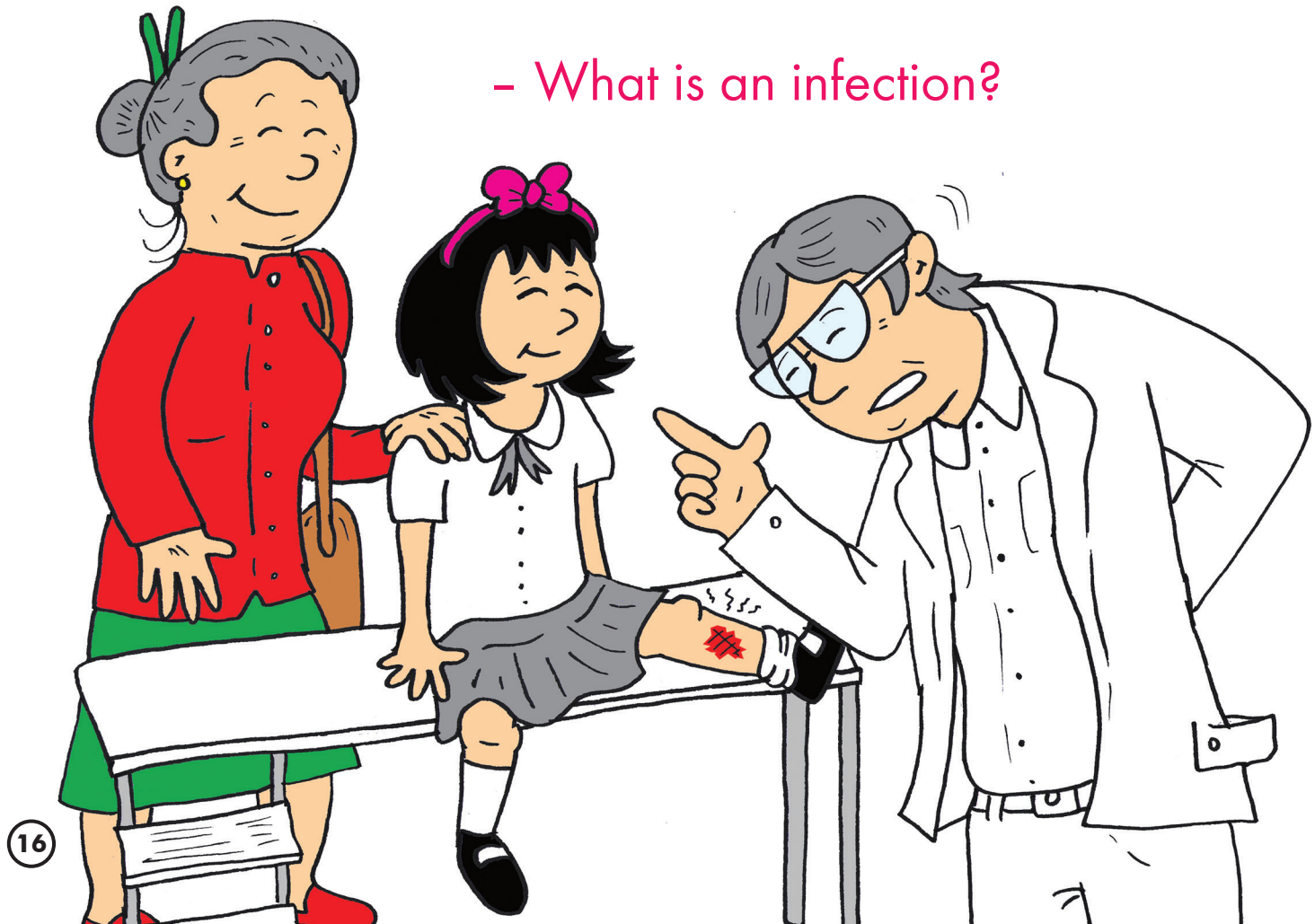


– Thank you for describing it so well!
It sounds as though you might have a fever.
A fever means that your body gets warm
all over in response to an infection.
Let's check your temperature with this
thermometer.



The doctor explains to Lee and her grandmother that Lee has a mild fever and that the wound has signs of infection.

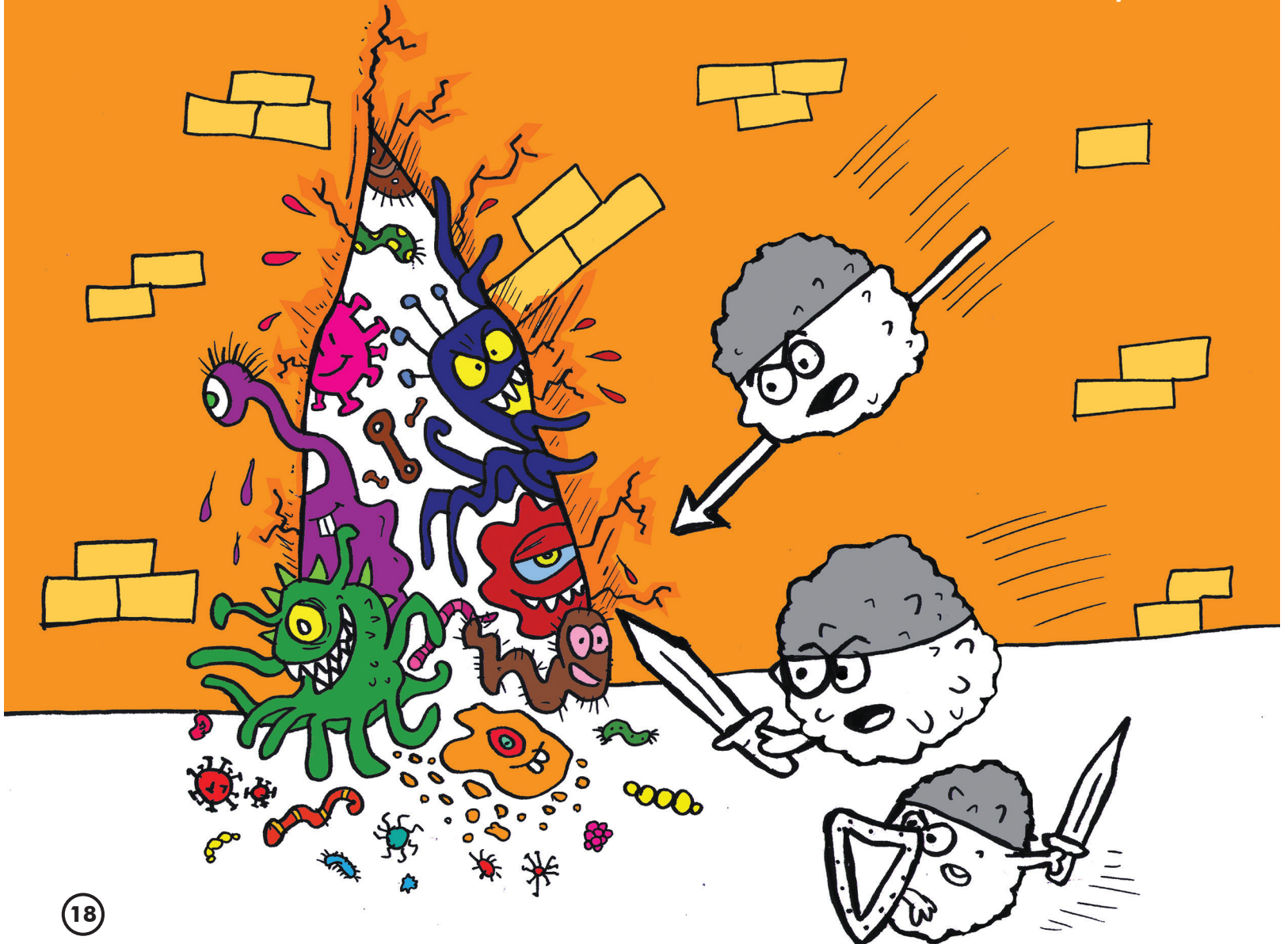
- What is an infection?



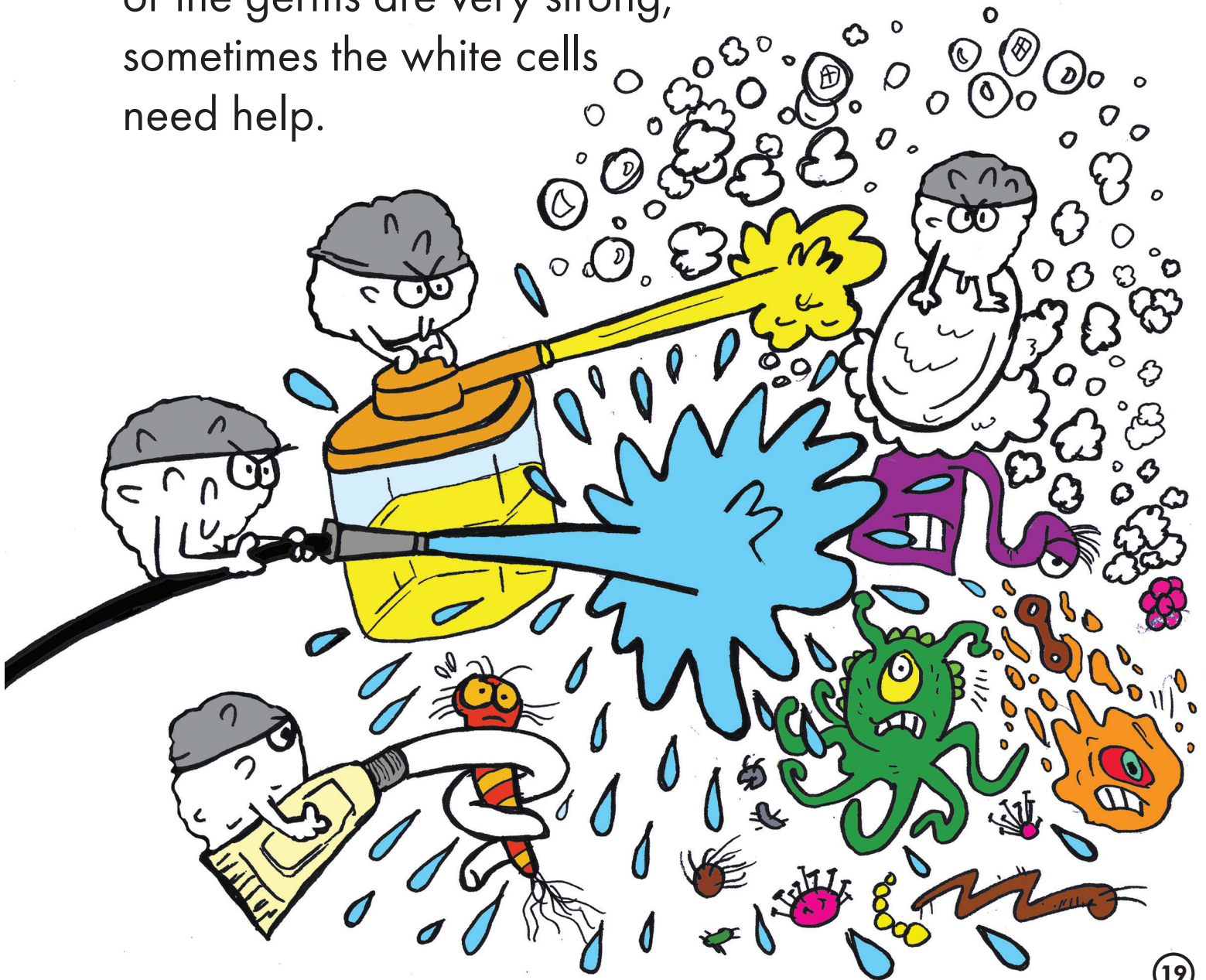
- Imagine your body is like a castle, says the doctor.



– The skin is like a wall that keeps out germs.
When you have a scratch you have special white
cells that rush, like soldiers, to overcome the enemy.

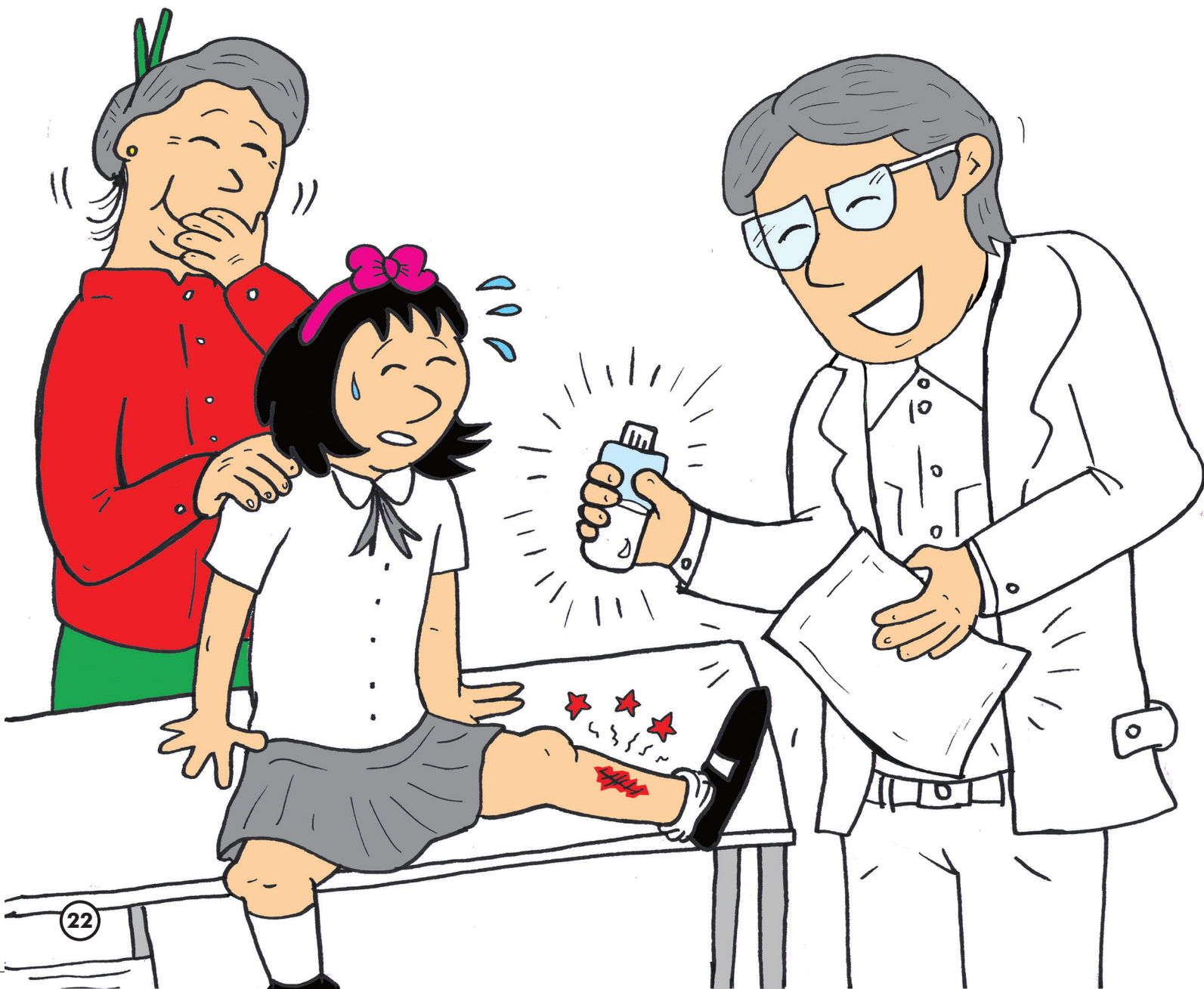


– But if the scratch is very deep
or the germs are very strong,
sometimes the white cells
need help.



If too many germs get into your scratch, it can get swollen and you may even feel bad all over. That is called an infection. That's why it's important to clean wounds as soon as possible and listen to what our body is telling us, so we can keep our castle strong and healthy!



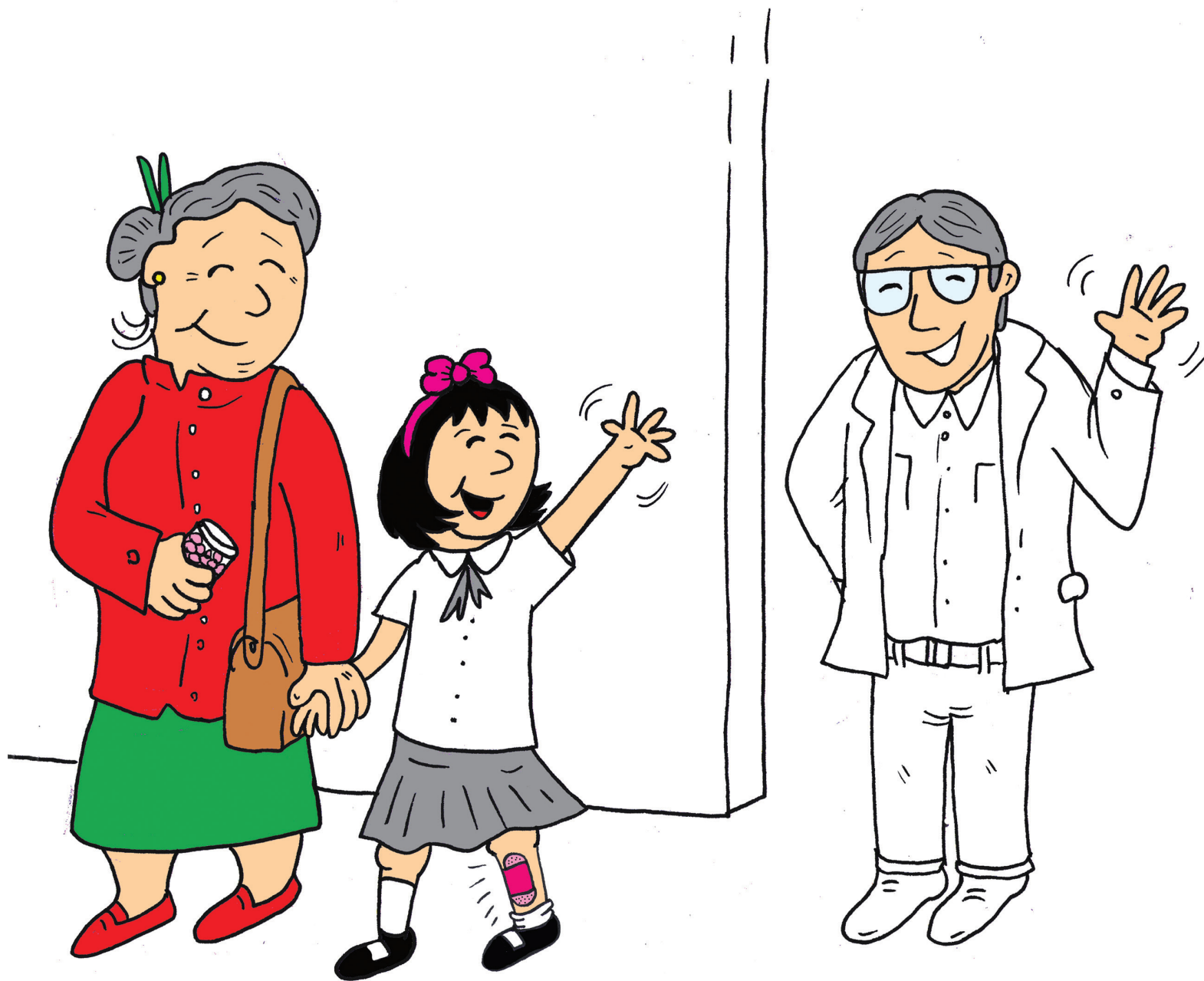


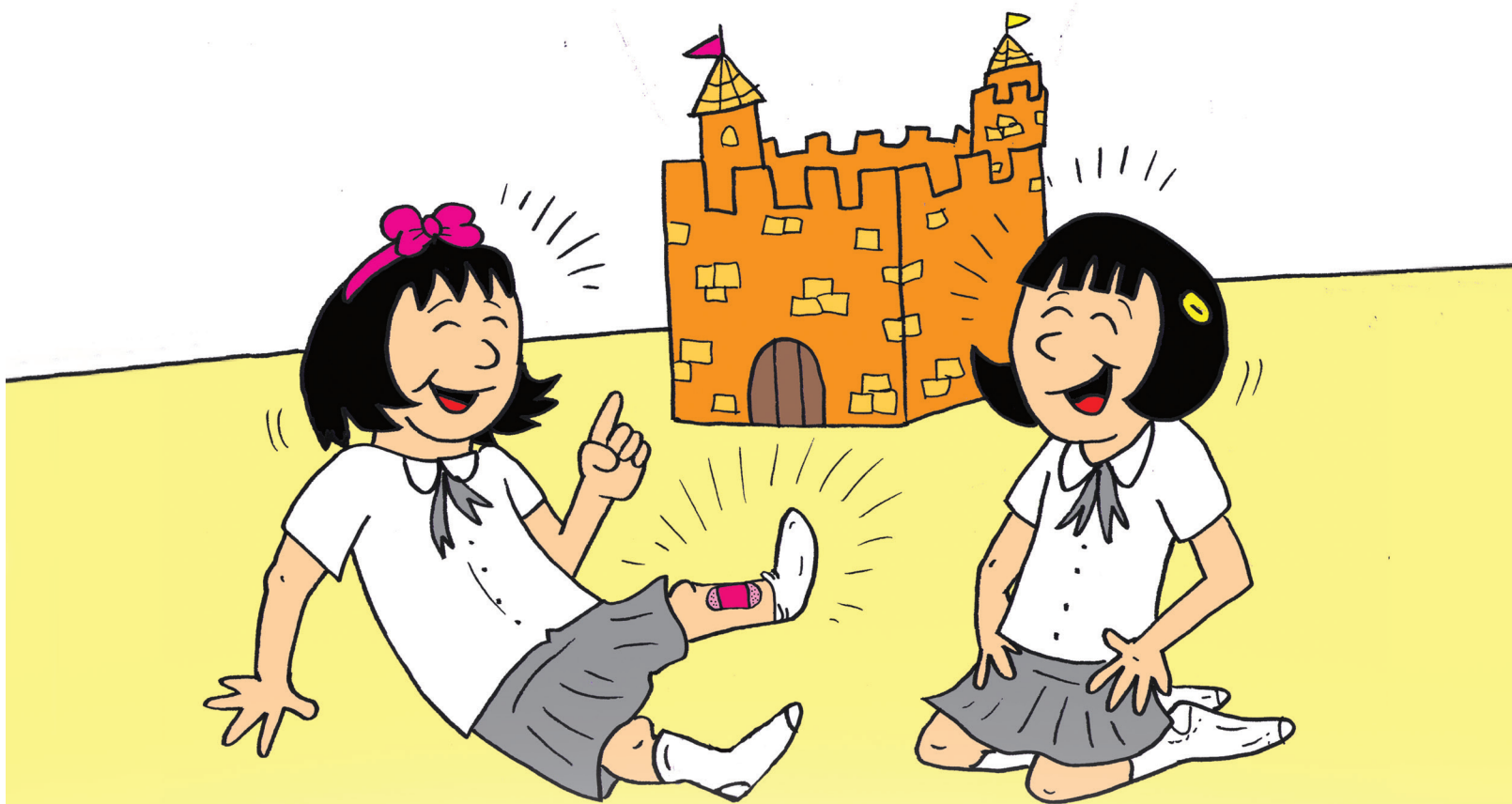
The doctor gets a special liquid called an antiseptic to clean the wound.

- Will it hurt?
- Don't worry. I'll be very gentle.

He waits for the antiseptic to dry, then places a bright plaster on Lee's leg. He gives them medicine to fight the infection.

– Lee, it is very important to keep your wound clean and dry and to take the medicine just like I told you. Take the pills until they are all finished, to be sure we have killed all the germs. If your fever goes up or if you don't feel better soon, please come see me again.



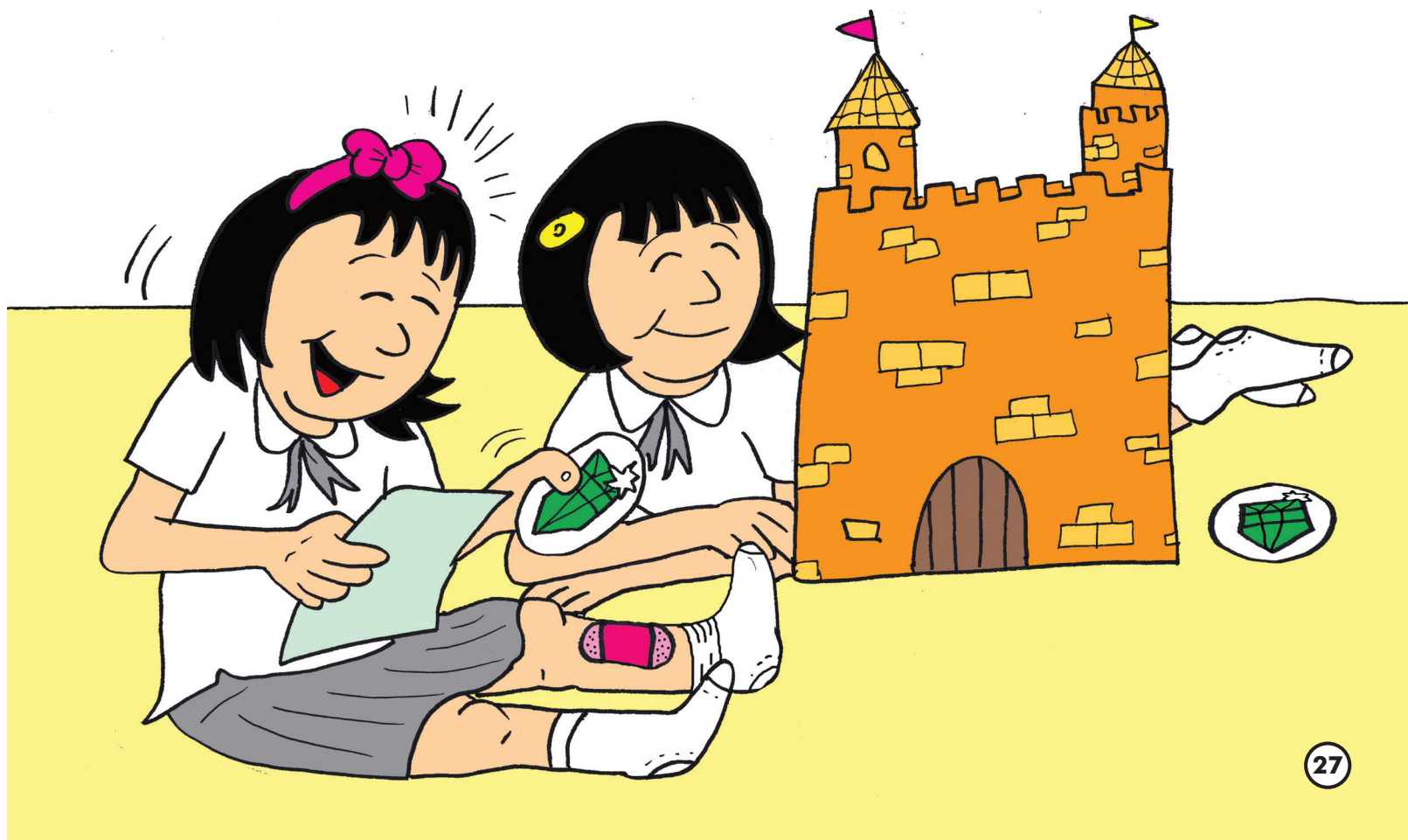


At home, Wei is waiting for Lee – they hug and sit down to play with their castle.

- Was it scary?
- No! It was really cool! From now on, I will always tell an adult when I get hurt or when I feel sick.
Thank you for telling Grandma for me!

Suddenly a flash of green light comes from the castle. Lee looks inside and finds a little note:

“Dear Lee and Wei, you did an excellent job! These shiny badges are for you – you are now Champions of Safety! Now go on and teach others about understanding their health! Stay Safe!”





Be a Safety Champion like Lee and Wei. Listen to your body and talk to an adult when you get hurt or feel sick. Let's do it!



Pedrodeluna