

Doctor Safety
in

I WON'T WASH
MY HANDS TODAY!

I Won't Wash My Hands Today!
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The Elsevier Foundation and the World Patients Alliance joined forces to launch an inspiring children's book series dedicated to patient safety. This initiative aims to boost the health literacy of school children by introducing them to fundamental concepts and principles of patient safety. By educating young readers, the series aspires to cultivate a generation that values and practices safer care. Moreover, as children share their newfound knowledge with their families, the initiative hopes to create a lasting positive impact on communities, empowering individuals to prioritize patient safety in their everyday lives.

This is Lucas.

He just woke up after a great night of sleep.

Good Morning, Lucas!



Lucas walks to the kitchen, where his mother is preparing breakfast.
He is ready to eat when his mom reminds him...

Lucas, please wash your hands before eating.



Lucas is not happy about
having to wash his hands...
He doesn't understand why
this is a rule in his house.
And he decides:

**I WON'T WASH
MY HANDS TODAY!**



Lucas eats his breakfast and
starts his day...

He pets a dog...



He plays soccer
with his friends...



He goes to the bathroom...



and it is time to go
home for lunch!

After all the playing, Lucas is hungry!
He sits down at the table to eat and suddenly
Doctor Safety appears!

LUCAS, STOP
RIGHT THERE!



WHO ARE YOU???

I am Doctor Safety and
I was sent here to help
you be safe.
There are bad germs
that are waiting for
a chance to get into
your body!



But I can't see anything!

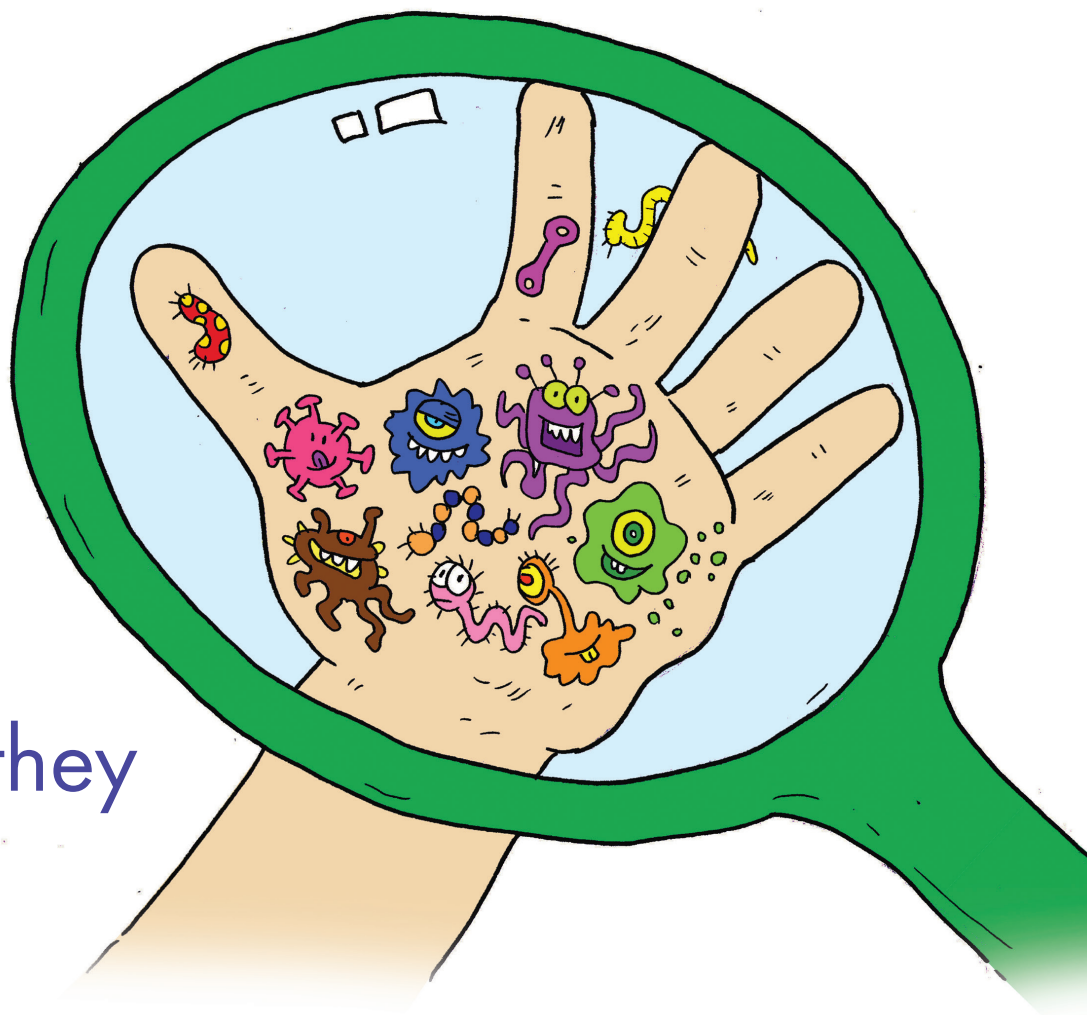
WHERE?

Where are the germs?



Oh yes! I forgot: you can't see the germs!
Let me get my super powerful special
magnifying lens to show you the germs!

Oh no!
How did they
get here?



Germs live everywhere, Lucas. And they
climb on our hands during the day.

Oh no! Then I can't play
outside anymore?

No, Lucas! All you have
to do is wash your hands
with soap when you are
done. Let me show you...



Let's start by wetting
our hands...



Then put a little bit of
soap on them...
Scrub Scrub Scrub for
twenty seconds.



Sing with me
"Happy hand scrubbing to me,
happy hand scrubbing to me,
happy hand scrubbing to me
and to Doctor Safety!"



Now we rinse off the soap
And dry our hands on a
clean towel or we can let
the air dry them too!
Just make sure you don't
blow on them!



Let's look at your hands now, Lucas!

Thank you,
Doctor Safety!
I didn't know
washing hands
was so important...



Yes, Lucas! Washing hands is very important
and keeps you safe from germs.

You're incredible!
Here is a badge to
celebrate! Welcome
to the Safety League!
Stay Safe!



You can help others keep safe, too, by
teaching them how to wash their hands!



You can help keep yourself and your loved ones healthy by washing your hands often, especially during these key times when you are likely to get and spread germs:

Before and after eating

Before, during, and after preparing food

Before and after treating a cut or wound

After using the toilet

After blowing your nose, coughing, or sneezing

After touching an animal, animal feed, or animal waste

After touching garbage

And whenever your hands are dirty!

Be like Lucas and teach someone how to wash their hands today! Let's do it!