

## Normal vital signs of children by age group

The three vital signs shown are pulse or heart rate, breaths per minute, and blood pressure. The fourth vital sign, not shown, is body temperature, which averages c 37 degrees Celsius or 98.6 degrees Fahrenheit for all people.

It is important to learn the usual vital sign measurements for your own child, as they can vary by individual. Vital signs that fall outside your child's normal range for a significant amount of time may indicate a problem that could require medical help.

Age Group	Heart Rate	Respirations	Systolic BP
Preterm	120 - 180	50 - 70	40 - 60
Newborn (0 to 1 Month)	100 - 160	35 - 55	50 - 70
Infant (1 to 12 Months)	80 - 140	30 - 40	70 - 100
Toddler (1 to 3 Years)	80 - 130	20 - 30	70 - 110
Preschool (3 to 6 Years)	80 - 110	20 - 30	80 - 110
School Age (6 to 12 Years)	70 - 100	18 - 24	80 - 120
Adolescents (12+ Years)	60 - 90	14 - 22	100 - 120